

WARNING:

(1) Time Sensitive Test Sample

Nutrisearch takes no responsibility or liability for specimens that are delayed for reasons outside our control (courier, Australian customs, shipping, issues, that do occur from time to time) during specimen transportation to Nutripath Laboratory Melbourne Australia.

Nutrisearch is not liable to compensate any related costs including but not limited to (blood draw fees, travel and accommodation costs etc) for specimens that arrive at our finishing laboratory outside the allowable time due to circumstances outside of our control.

In the unlikely event that a patient is requested to provide a new blood sample, this retest will be provided within the original direct test price already paid (excluding blood draw and associated costs).

Disclaimer: Nutripath / Nutrisearch reserves the right to change (delete/add) to the list of foods contained in any of the above/below cartridges. On occasion due to re-agent supply changes for some of the foods listed some foods listed may not be included, although this is rare it can occur. If you are testing for a specific food please check with our office first to ensure that your particular food is currently being included. If changes are made by the lab no change to advertised prices will be made, and no retest provided.

(2) Strictly four blood draw locations only

Auckland, Hastings (Hawkes Bay), Wellington and Christchurch as outlined in this document.



ALCAT

FOOD/CHEMICAL SENSITIVITY

Time Sensitive Collection Instructions

NZ Version 1: August 2020

Available in Auckland/Hawkes Bay/Wellington & Christchurch ONLY

COLLECTION REQUIREMENTS

If you are uncertain of the collection procedure after reading these instructions, please contact our Customer Service on 0800 88 44 33 who will clearly explain the procedure.

Before proceeding, please check through the following guidelines. Without taking these precautions your results may be inaccurate, or may result in a possible recollection being required.

IMPORTANT PRE-COLLECTION INFORMATION

Please note that this test relies on using live blood cells for performing the analysis. Ensuring that these collection instructions are followed accurately will ensure that you receive accurate and meaningful results.

Prior to having the sample collected you need to avoid the following:

MEDICATION	WITHHOLDING PERIOD
Antihistamines	3-5 days prior to sample collection.
Oral Steroids	4 weeks (consult with your healthcare practitioner beforehand)
Steroidal nasal sprays	48 hours prior to sample collection.
Vitamin C (High Dose)	Reduce to 500mg/day at least 3 days prior to sample collection.
Antibiotics	Wait for acute symptoms to abate.

Other medications should be withheld until after the blood collection. **If suffering from viral infections (EBV, CMV, etc), please wait until you have fully recovered before having the blood collected.**

GENERAL DISCLAIMER

We recommend that you always seek the advice of a qualified health care practitioner regarding any medical or health related diagnosis or treatment before acting on this test information. Nutrisearch does not provide clinical advice on test selection or interpretation of testing for wellness testing to patients, nor does it provide diagnosis, treatment or medical advice. Nutrisearch is not liable to you or anyone else for any loss or negative consequence caused in whole or in part by interpreting, delivering or reporting information through the utilizing of laboratory testing services. In no event shall we be liable to you or any other party for any decisions made or action taken or not taken by you in reliance on such information.

Thank you for your request. Results will be forwarded to your referring practitioner upon completion. All testing is performed by NutriPATH Pathology.



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ALCAT Test

Blood Collection Kit

KIT CONTENTS:

Check contents of kit. If items are missing OR you have any questions regarding this kit, please contact Customer Service on 0800 88 44 33.

- 4 x Citrate Vacutainers (light blue cap)
- 1 x ALCAT Panel Analytes
- 1 x Collection instructions
- 1 x Test request form
- 1 x Cardboard transport cylinder

This is a time sensitive specimen and blood draw for this service can ONLY be collected by the following labs:

AUCKLAND: TUESDAY MORNING ONLY Phone 09 574 7399 for an appointment.
Labtests, 37-41 Carbine Road, Mt. Wellington, Auckland

HASTINGS: TUESDAY MORNING ONLY. Phone 06 872 6450 for an appointment.
Southern Community Labs, 114 Maraekakaho Road, St Leonards, Hastings

WELLINGTON: TUESDAY MORNING ONLY. Phone 04 381 5911 for an appointment.
Southern Community Labs

Level 2, Symes de Silva Building, 97 Courtenay Place, Wellington

CHRISTCHURCH: MONDAY MORNING ONLY. NO appointment required
Southern Community Labs

Northfield Business Park, 60 Langdons Road, Papanui

Please call Nutrisearch the business day before to advise of your blood draw.

BLOOD SPECIMEN COLLECTION AND PATIENT INSTRUCTIONS

- Please phone the lab at your nearest location to arrange an appointment time (except Christchurch where no appointment is necessary).
Please let the lab know that this is an ALCAT test from Nutrisearch.
- There is a blood collection fee that is payable at the time of blood collection. Please enquire directly with lab for the correct amount.
- Complete all sections of the patient and practitioner details section on the test request form provided.
- Leave the kit and paperwork with the Lab. They will liaise with Nutrisearch to have your sample sent to Nutripath for testing.

PATHOLOGY COLLECTION INSTRUCTIONS **STEPS 1-3:**

1.  The pathology collector should collect ALL of the provided tubes within the NutriPATH kit.

The blood MUST be collected using the glass citrate tubes provided inside this collection kit.

The test requires 3 tubes of 4.5ml draw

OR

4 x tubes of 4.5ml draw for PLATINUM profile

Paediatric Profile only requires 1 x tube of 4.5ml

2. Prior to sample collection, all sample vacutainers must be labelled with the patient first name/surname, date of birth and time and date of collection.
3. After sample collection, all samples should be gently inverted 5-7 times to ensure the blood has been well mixed with the additive inside the vacutainer blood tubes.

PACKAGING INSTRUCTIONS **STEPS 4-8:**

4. Wrap the blood samples in the cotton wool provided and place it in the inner plastic transport cylinder for transport protection. **DO NOT put cold packs or ice packs near blood samples.** This will destroy the blood cells and render samples useless for testing. The specimens should be transported at room temperature.
5. Ensure the patient has ticked the correct ALCAT analysis.
6. Place the test request form into the inner plastic transport cylinder.
7. Place the inner transport cylinder into the outer cardboard cylinder. Cap the outer transport cylinder with the red plastic lid.
8. Please liaise with Nutrisearch immediately to organise transit of specimen to Nutripath in Melbourne, Australia.

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