

## SHIPPING INSTRUCTIONS

- Place the sealed swab **into the White Padded bag** then into the sealable section of specimen transport bag. Again, please ensure that these swabs have been labelled with patient details as requested in Step 2.
- Ensure that your test request form has been correctly filled out and all patient information is correctly stated. This includes full patient name, date of birth, residential address and telephone number. Once completed, place into the unsealed section of the specimen transport bag.
- When your sample is ready to be transported, please ring the courier number provided on the pre-paid return bag.  
**Please advise this is a medical specimen.**  
Alternatively, you can drop the package to your **nearest agent**. (Record the "customer" number on the front right of the track pack. This is your record to track delivery)



**NutriPATH**  
INTEGRATIVE PATHOLOGY SERVICES



# NASOPHARYNGEAL BACTERIAL CULTURE

## Collection Instructions

NZ Version 1: August 2020

### COLLECTION REQUIREMENTS

**If you are uncertain of the collection procedure after reading these instructions, please contact our Customer Service on 0800 88 44 33 who will clearly explain the procedure.**

**Before proceeding, please read and follow all instructions carefully. Without taking these precautions your results may be inaccurate, or may result in a possible recollection being required.**

### **IMPORTANT PRE-COLLECTION INFORMATION**

- Collect this sample **on a Sunday or Monday ONLY**.
- It is recommended that a friend assists you with the collection process.
- DO NOT** touch the cotton swab once it has been collected.
- It is recommended to not collect the sample if you have a viral infection.

#### GENERAL DISCLAIMER

We recommend that you always seek the advice of a qualified health care practitioner regarding any medical or health related diagnosis or treatment before acting on this test information. Nutrisearch does not provide clinical advice on test selection or interpretation of testing for wellness testing to patients, nor does it provide diagnosis, treatment or medical advice. Nutrisearch is not liable to you or anyone else for any loss or negative consequence caused in whole or in part by interpreting, delivering or reporting information through the utilizing of laboratory testing services. In no event shall we be liable to you or any other party for any decisions made or action taken or not taken by you in reliance on such information.

*Thank you for your request. Results will be forwarded to your referring practitioner upon completion. All testing is performed by NutriPATH Pathology.*



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# Nasal Swab Collection Kit

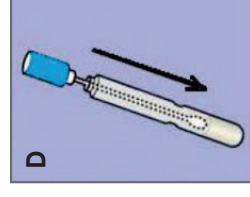
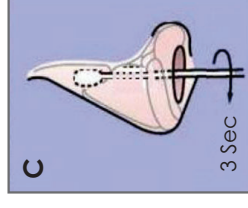
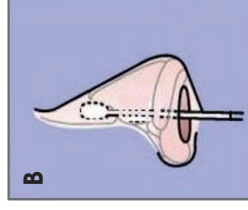
## KIT CONTENTS:

Check contents of kit. If items are missing OR you have any questions regarding this kit, please contact Customer Service on 0800 88 44 33.

- 1 x Sterile Swab with transport medium
- 1 x Latex glove
- 1 x Specimen transport bag
- 1 x Courier bag (prepaid)
- 1 x White padded envelope
- 1 x Request form
- 1 x Collection instructions

## SPECIMEN COLLECTION INSTRUCTIONS

1. Apply the latex glove that is provided in the collection kit.
2. Open the sterile wrapper containing the swab and transport medium.
3. Carefully remove the transport medium container by holding the white cap.
4. Label the transport medium container with the patient full name, date of birth and time and date of specimen collection.
5. Carefully remove the cotton tipped swab out of the sterile wrapper by holding it by the blue handle.
6. For better access to the nasal passages, the patient should be seated. The patient should tilt their head backward and look at the ceiling.
7. Gently insert the swab 5 – 10cm into one nostril as indicated in the diagram below (B). Gently rotate the swab for 3-7 seconds as illustrated in diagram (C)
8. Using the same swab, repeat the above process for the other nostril.
9. Remove the white cap from the transport medium container and insert the swab firmly into the transport container until a click is heard.
10. Squeeze the base of the transport container to ensure there is good contact of the gel with the cotton tip of the swab.



Ensure that the cotton tip of the swab is immersed in the transport medium in the base of the transport container.