

COLLECTION INSTRUCTIONS



Position the container directly beneath the puncture site and allow blood to drip into the tube up to the "500" line.

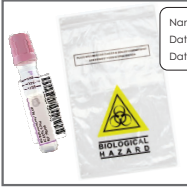


After the collection is complete, wipe the site dry and apply pressure with a clean gauze pad until the bleeding has stopped.



Seal the tube by pushing down and twisting the cap. Mix the additive with the blood sample by gently inverting the tube 3-5 times.

SHIPPING INSTRUCTIONS



Name:
Date of Birth:
Date of Collection:

Label the tube with the patient label provided and place the Vacutainer(s) into the plastic transport container.

Place the Vacutainer(s) into the plastic transport container. Slide the plastic container into the cardboard tube and close lid. Place the cardboard tube into the sealed section of the specimen transport bag.

Ensure that your test request form has been correctly filled out and all patient information is correctly stated. This includes full patient name, date of birth, residential address and telephone number. Once completed, place into the unsealed section of the specimen transport bag.

When your sample is ready to be transported, please ring the courier number provided on the pre-paid return bag. **Please advise this is a medical specimen.**

Alternatively, you can drop the package to your **nearest agent**. (Record the "customer" number on the front right of the track pack. This is your record to track delivery).

Thank you for your request. Results will be forwarded to your referring practitioner upon completion. All testing is performed by NutriPATH Pathology.

nutri search
NUTRITIONAL EXCELLENCE

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EDTA MICROTAINER (PURPLE TOP)

Collection Instructions

NZ Version 1: August 2020

COLLECTION REQUIREMENTS

If you are uncertain of the collection procedure after reading these instructions, please contact our Customer Service on 0800 88 44 33 who will clearly explain the procedure.

Before proceeding, please read and follow all instructions carefully. Without taking these precautions your results may be inaccurate, or may result in a possible recollection being required.

IMPORTANT PRE-COLLECTION INFORMATION

- Collect this sample **on a Monday ONLY**.
- It is recommended that you fast for a minimum of 8-10 hours prior to collection.
- Ensure that you are well hydrated with **WATER ONLY** prior to collection.
- Check that the patient information on the request form is correct.
- The test request form that was provided by your healthcare practitioner must be returned with your specimen/s for analyses.

EDTA Microtainer

Blood Collection Kit

KIT CONTENTS:

Check contents of kit. If items are missing OR you have any questions regarding this kit, please contact Customer Service on 0800 88 44 33.

- 1 x Sterile alcohol wipe
- 2 x Lancets (single use only)
- 1 x EDTA Microtainer Blood Tube
- 1 x Cardboard Transport Cylinder
- 1 x Plastic Transport Container
- 1 x Specimen Transport Bag
- 1 x Collection Instructions
- 1 x Request Form
- 1 x Courier Bag (prepaid)
- 1 x Band-Aid
- 1 x Patient Label



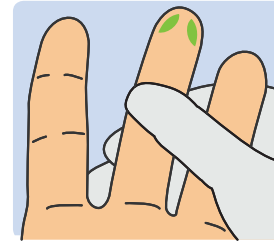
GENERAL DISCLAIMER

We recommend that you always seek the advice of a qualified health care practitioner regarding any medical or health related diagnosis or treatment before acting on this test information. Nutrisearch does not provide clinical advice on test selection or interpretation of testing for wellness testing to patients, nor does it provide diagnosis, treatment or medical advice. Nutrisearch is not liable to you or anyone else for any loss or negative consequence caused in whole or in part by interpreting, delivering or reporting information through the utilizing of laboratory testing services. In no event shall we be liable to you or any other party for any decisions made or action taken or not taken by you in reliance on such information.

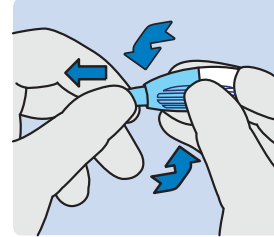


Wash hands thoroughly with soap and warm water then dry your hands. Use the provided alcohol wipe to clean the tip of the finger. Allow to dry before puncturing with lancet.

LANCET INSTRUCTIONS

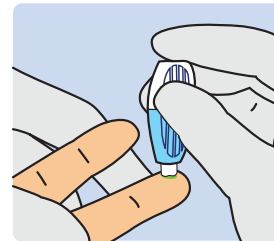


Identify the desired puncture site, (within shaded area) and make sure it is properly cleansed.

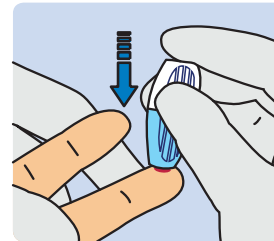


Twist and pull protective tab to remove it as illustrated in the diagram, then discard.

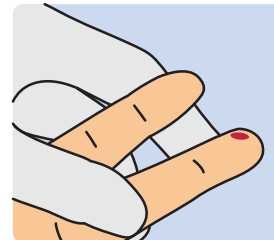
Important: Please note the lancet is a one-off use only - DO NOT REUSE.



Hold the lancet between your fingers and thumb and position the tip of lancet securely against the desired puncture site.



To activate, press the lancet **firmly** against the puncture site. Do not remove the device from the site until you hear an audible click.



Collect the specimen according to the instructions on the following page.

Dispose of the used activated lancet into an appropriate container. **DO NOT REUSE.**