

Allow the sample to air dry completely by propping the card up, leaving the sample to air dry for at least 3 hours. Keep specimen away from moisture and sunlight.



Once fully dried, **tuck the cover into flap as indicated** and place the sample **into the White Padded bag** then into the sealed section of the specimen transport bag.

Ensure that your test request form has been correctly filled out and all patient information is correctly stated. This includes full patient name, date of birth, residential address and telephone number. Once completed, place into the unsealed section of the specimen transport bag.

When your sample is ready to be transported, please ring the courier number provided on the pre-paid return bag.  
**Please advise this is a medical specimen.**

Alternatively, you can drop the package to your **nearest agent**. (Record the "customer" number on the front right of the track pack. This is your record to track delivery)

#### GENERAL DISCLAIMER

We recommend that you always seek the advice of a qualified health care practitioner regarding any medical or health related diagnosis or treatment before acting on this test information. Nutrisearch does not provide clinical advice on test selection or interpretation of testing for wellness testing to patients, nor does it provide diagnosis, treatment or medical advice. Nutrisearch is not liable to you or anyone else for any loss or negative consequence caused in whole or in part by interpreting, delivering or reporting information through the utilizing of laboratory testing services. In no event shall we be liable to you or any other party for any decisions made or action taken or not taken by you in reliance on such information.

*Thank you for your request. Results will be forwarded to your referring practitioner upon completion. All testing is performed by NutriPATH Pathology.*



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# IgG or IgA ALLERGY PANEL

## Collection Instructions

NZ Version 1: August 2020

### COLLECTION REQUIREMENTS

**If you are uncertain of the collection procedure after reading these instructions, please contact our Customer Service on 0800 88 44 33 who will clearly explain the procedure.**

**Before proceeding, please read and follow all instructions carefully. Without taking these precautions your results may be inaccurate, or may result in a possible recollection being required.**

### IMPORTANT PRE-COLLECTION INFORMATION

#### DIET:

- It is suggested that you maintain your usual dietary habits and consume a variety of tested foods when possible within a couple of weeks prior to sample collection.
- Strictly avoid eating foods that may have potentially resulted in a previous adverse reaction and/or anaphylaxis.

#### MEDICATION:

- Patient should not be on immunosuppressive medication. E.g. steroids, antihistamines or anti-inflammatories. Other medications include: (Corticosteroids (e.g. prednisone, beclomethasone, fluticasone, and triamcinolone). For purposes of the assessment, the suggested time period to abstain from these is four weeks or until symptom aggravation.

# IgG/IgA Food Allergy Collection Kit

## KIT CONTENTS:

Check contents of kit. If items are missing OR you have any questions regarding this kit, please contact Customer Service on 0800 88 44 33.

- 1 x Sterile alcohol wipe
- 2 x Lancets (single use only)
- 1 x Collection card
- 1 x Specimen transport bag
- 1 x Courier bag (pre-paid)
- 1 x White padded envelope
- 1 x Request form
- 1 x Collection instructions
- 1 x Band-Aid

## SPECIMEN COLLECTION:



Remove the collection card from the specimen transport bag. **On the front of the blood spot collection card PRINT IN BLOCK LETTERS** first/surname, date of birth and the date of collection. Ensure that these details are identical to the request form issued by your practitioner. *Unlabeled cards will be rejected.*



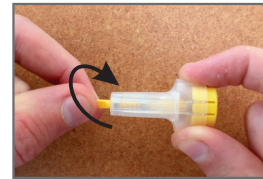
Unfold the cover to expose the blood collection pad. Continue the fold as you peel away from the back of the blood collection pad, exposing the back of the blood collection pad. *Hold the card without touching the collection circles on the pad.*



Make a fold as indicated in the image on the left. It is important that the blood is not in contact with the cover. *Tip: Taping the outer cover to the edge of the table top will help stabilize the Blood Collection Card.*



Wash hands thoroughly with soap and warm water then dry your hands. Use the provided alcohol wipe to clean the tip of the finger.



Twist off the tab to break seal on lancet as illustrated in the diagram. (Please note the lancet is a one-off use only)



Position lancet against the inside tip of the nominated finger. To ensure a good puncture is performed, **press down firmly on the puncture site and click the button until an audible click is heard.**



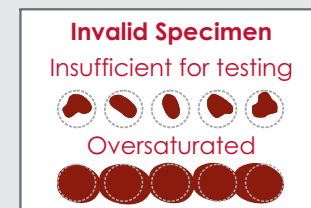
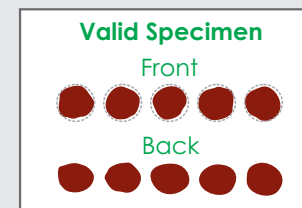
Gently press the pricked finger from below the puncture site to allow for a large drop of blood to form. *Important: Wipe away the first drop of blood with the provided alcohol wipe.*



Apply a hanging drop of blood within each circle on the Blood Spot Collection Card.

Your completed blood spot card should look like the image labelled as **"Valid Specimen"**.

If the sample collected looks more like an **"Invalid Specimen"** a rejection may occur.



*Uneven and incomplete applications will be rejected.*

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