



NutriPATH
Innovative Pathology Services



HAIR MINERAL ANALYSIS

LEVEL 1 OR LEVEL 2

Collection Instructions

NZ Version 1: August 2020

COLLECTION REQUIREMENTS

If you are uncertain of the collection procedure after reading these instructions, please contact our Customer Service on 0800 88 44 33 who will clearly explain the procedure.

Before proceeding, please read and follow all instructions carefully. Without taking these precautions your results may be inaccurate, or may result in a possible recollection being required.

IMPORTANT PRE-COLLECTION INFORMATION

- Collect this sample **on a Sunday or Monday ONLY.**
- DO NOT use hair that has been dyed, bleached, permed or otherwise chemically treated. It is not acceptable for testing.
- DO NOT use underarm hair from armpits.
- You may use head hair, chest hair or pubic hair.
- DO NOT mix hair samples, ie. Do not mix head hair with body hair.

GENERAL DISCLAIMER

We recommend that you always seek the advice of a qualified health care practitioner regarding any medical or health related diagnosis or treatment before acting on this test information. NutriSearch does not provide clinical advice on test selection or interpretation of testing for wellness testing to patients, nor does it provide diagnosis, treatment or medical advice. NutriSearch is not liable to you or anyone else for any loss or negative consequence caused in whole or in part by interpreting, delivering or reporting information through the utilising of laboratory testing services. In no event shall we be liable to you or any other party for any decisions made or action taken or not taken by you in reliance on such information.

Thank you for your request. Results will be forwarded to your referring practitioner upon completion. All testing is performed by NutriPATH Pathology.



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Hair Analysis Collection Kit

KIT CONTENTS:

Check contents of kit. If items are missing OR you have any questions regarding this kit, please contact Customer Service on 0800 88 44 33.

- 1 x Cardboard scales
- 1 x Specimen transport bag
- 1 x Courier bag (prepaid)
- 1 x White padded envelope
- 1 x Request form
- 1 x Collection instructions



SPECIMEN COLLECTION INSTRUCTIONS

1. Cut hair from the back of the head, at the nape of the neck. Cut hair as close to the scalp as possible.
2. Cut 2.5cm to 4cm (1" – 1 ½") from the root end of the hair (closest to the scalp). Discard the rest of the hair. It is always recommended to provide more hair than less as this will avoid any rejections due to insufficient sample amount.
3. Using the cardboard 'scales' enclosed in kit, place pencil or pen on a table underneath the card where indicated.
4. Place cut hair on the 'A' half of the cardboard scales. Ensure enough hair has been placed at 'A' so scale is tipped (as shown on card) to the table top. Approximately 0.5g is needed. A visual indicator would be a heaped tablespoon.
5. Fill out name, date of birth and gender on reverse of cardboard scales and place with hair **into the White Padded bag then** into the sealed section of the specimen transport bag.
6. Ensure that your test request form has been correctly filled out and all patient information is correctly stated. This includes full patient name, date of birth, residential address and telephone number. Once completed, place into the unsealed section of the specimen transport bag.
7. When your sample is ready to be transported, please ring the courier number provided on the pre-paid return bag.
Please advise this is a medical specimen.
Alternatively, you can drop the package to your **nearest agent**.
(Record the "customer" number on the front right of the track pack. This is your record to track delivery)